

the School of the
ALBANY BERKSHIRE BALLET

25 Monroe Street Suite 210
Albany NY 12210



the School of the **ALBANY BERKSHIRE BALLET**

Madeline Cantarella Culpo, Artistic Director

September 12, 2020– June 5, 2021



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About the School of the Albany Berkshire Ballet

The School of the Albany Berkshire Ballet is known for its outstanding, balanced dance curriculum. Director Madeline Cantarella Culp founded the School of Dance in 1955 with the goal of providing personal attention and training for students and professional dancers.

Graduates have gone on to dance with the Albany Berkshire Ballet, Joffrey Ballet, American Ballet Theatre, Jacob's Pillow and the Pennsylvania, Idaho, Ohio, Portland, and Washington Ballets.

The School teaches the Cecchetti method of ballet developed by Enrico Cecchetti, world renowned teacher of the Ballet Russes and ballet master of Diaghilev Ballet Russes, who trained such dancers as Pavlova, Fokine, and Nijinsky. Among his protégés was English ballerina Margaret Craske, who later taught at the Juilliard School and at Jacob's Pillow. From Miss Craske, Madeline Cantarella Culp developed her technique.

Academy and Junior Company Program

The Academy Program of the School of the Albany Berkshire Ballet is a comprehensive training program for the talented and serious pre-teen to teen student who desires to commit more time to the art of dance. Advanced students may audition for the Albany Berkshire Ballet's Junior Company. These pre-professional classes accelerate talented students and expose them to nationally known teachers. Both the Academy and the Junior Company perform frequently in the Capital Region and the Berkshires throughout the year. Admission is by audition only. This year, the Program will tentatively begin in January.



2019-2020 Tuition Schedule

Registration Deadline is September 6th

- **Advanced registration is required..** Classes close when they reach maximum capacity and a wait list is formed. Day of registration *WILL NOT* be available for any classes.
- Registrations are accepted online and in person. Registration online reserves your spot in the class and is secured when payment is received.
- Online Registration: <https://dancestudio-pro.com/online/schoolofabb>
- Payments are accepted online or by mail or in person.
- **Tuition is non refundable nor transferable. All payments must be received by due date to receive the stated discount (annual payment).**
- \$30 Returned Check Fee, \$10 Late Fee. \$20 Annual Registration Fee per student.

Please choose a payment plan and pay by date indicated. Payments received 10 days after the due date will revert to Quarterly payment (if paying annual) and accrue a late fee.

Annual —Full payment by Sept. 12 2020

Quarterly —Four payments due Sept. 12, Nov 7, 2020, Jan. 16 , Mar. 13, 2021

45 Minute Classes

	Full Year	Quarterly
# of Classes Per Week	One Full Payment of	Four Equal Payments of
1	\$407	\$107
2	\$813	\$214

1 Hour Classes

1	\$464	\$122
2	\$912	\$240
3	\$1338	\$352
4	\$1748	\$460
5	\$2090	\$550

1.5 Hour Classes

1	\$597	\$157
2	\$1167	\$307
3	\$1695	\$446
4	\$2200	\$579
5	\$2679	\$705
6	\$3143	\$827

Drop in Rate 45 min—\$15

1 hour—\$17

1 1/2 hour \$22

Dress Code

We strive to maintain a professional atmosphere for our students, therefore our dress code will be enforced at all levels and styles.

- All girls wear pink or white tights and white ballet slippers for ballet.
- Hair must be worn in a bun, no bangs.
- Members of the Academy and Jr. Company program have required leotards for repertory classes.

Pre-Ballet and Intro:	Pink Leotard with Cap/Short Sleeves, No skirts attached please
Ballet 1 and 2:	Light Blue Leotard with Cap Sleeves
Ballet 3	Navy Blue Leotard
Ballet 4 and Up	Black Leotard
Boys	Black Pants/Tights, Black Shoes, White T-shirt, White Socks
Modern	Leotard, Footless Tights
Tap	Leotard, tights, tap shoes
Skirts	Allowed the first week of each month



Artistic Director

Madeline Cantarella Culpo

Director-Founder and Artistic Director of the Albany Berkshire Ballet,



Mrs. Culpo is an alumna of the Juilliard School where she studied ballet with Margaret Craske,

Antony Tudor and Alfredo Corvino and modern dance with Martha Graham.

She is a nationally recognized teacher of dance,

having taught throughout the United States, including at Jacob's Pillow. She was featured in an issue of *Dance*

Magazine in an article entitled "Great Starts" *American Teacher Series -A Tribute to Teachers Who Have Produced Outstanding Results*. In addition, Mrs. Culpo has received three choreography fellowships from the National Endowment for the Arts.

Faculty

Anna Acker, Christine Geren, Alicia Hornicek, Nancy Ropelewski King, Lisa Iannacito McBride, Olivia Moran, Kerry Piaggione, Ruslan Sprague, Deidre Duffin Swindlehurst

Madeline Cantarella Culpo, Artistic Director

Please read our distinguished faculty's extended biographies on our website at www.schoolofabb.org



The Curriculum

A Note to Parents: Students are placed by their instructor into the appropriate level. Please respect the placement of your student by their instructor. As each student's development is different, students and parents should expect to spend at least two years at each level.

Pre-Ballet 1 (3 & 4 years old)

Creative movement encompassing stretching, motor coordination, music appreciation and rhythm.

**Pre-Ballet students must be 3 years old and potty-trained to start—
No Exceptions*

Pre-Ballet 2 (5 & 6 years)

A continuation of Pre-Ballet 1 with an introduction to basic ballet steps.

Introduction to Ballet (7 years) The basics of the ballet barre are taught with development of center and diagonal floor work. Focus on proper alignment and strength.

Ballet I and 2 (8 years old and up) The basics of ballet barre and center work are taught with emphasis on proper placement and body alignment. Each level builds on material learned in the previous level with more complex musicality, rhythm, and physical movements added as the student progresses.

Ballet 3 through Advanced Levels—Emphasis on strengthening technique with new steps introduced at each level. Total body awareness becoming an integral part of development. Combination steps, speed, more advanced skills and musicality and lyricism are reinforced at these levels. ** Serious dance students are encouraged to study more frequently in preparation for pointe work and men's technique.*

Pointe (11 years old and up with teacher approval) All pointe students are strongly encouraged to take ballet class twice a week. Pointe work requires strength, ankle flexibility and correct alignment. Students are recommended for pointe work on an individual basis at the discretion of the director and will begin in technique class (Ballet 3 or 4). Students will be recommended to take hour class, Pointe 1, per the director.



School Policies and General Information

Placements: Students will be placed in classes that are appropriate for their level of physical development and maturity. Placement decisions are made by the Director and are final.

Make-up Lessons: Make-up lessons are offered for absence due to illness and must be used within one month of absence. Tuition credit is not given in place of make-up lessons. Please call the school when you are going to be absent. Snow days are factored into the tuition, however if you wish to make up a class, you may do so in the same level or with approval from your current teacher.

Private Lessons: Private lessons are available and must be arranged through the office administrator at SABB.

Closings: If the school closes due to inclement weather an email will be sent out, a post on Facebook or the website. Please check your local radio or television stations for updates throughout the day. A message will also be left on the studio phone.

Notices: Notices will be posted at the studio as well as emailed to our families. Please check to make sure your email address is on file as this will be our main form of communication.

Recital and Costume Fees:

Our annual recital will take place on Sunday, June 6th, 2021. Although it is not mandatory, we encourage student participation as it is a rewarding experience and builds confidence.

Costume Fees for the 2020-2021 School Year:

Child XS, S, -\$50

Child M, L -\$55

Child XL, Adult S, M, L \$65

Adult XL \$70



Costume Fees are due on November 1. Any student who drops before January 1st will be given a refund. After that time, we are unable to refund any costume fees.

Calendar

Important Dates to Remember Classes Begin Saturday, September 12, 2020

September 12	A and Q1 Payments Due
October 12	Columbus Day— No Classes
October 19-24	Parent Observation Week (tentative)
November 2	Recital Payments Due
November 3	Election Day—No Classes
November 7	Q2 Payments
November 11	Veteran's Day—No Classes
November 24-28	Thanksgiving Break —No Classes
December 21-Jan 2, 2021	Winter Break —No Classes
January 4, 2021	Classes Resume
January 16	Q3 Payments Due
January 18	MLK Jr. Day —No Classes
February 15-20	February Break —No Classes
March 13	Q4 Payments Due
April 2-10	Spring Break —No Classes
May 29-31	Memorial Day Weekend—No Classes
June 5	Last Day of Classes
June 6	Recital Day (tentative)



Pointe/Variations For advanced pointe dancers, this class offers additional pointe training, while learning traditional female variations from Classical Ballets.

Partnering (Approval by Director is needed for this class.) Partnering class will teach the basics of partnered turns, lifts, jumps, and promenades. Seasonal.

Modern Dance (8 years and up) Dance form based on fundamental ballet training and focusing on the modern dance techniques of Martha Graham, Jose Limon, and Lester Horton. Free form movement done in bare feet.

Tap (8-12 years old) This class builds upon the basic foundation of Tap Dance, creating rhythmic sounds and foot patterns, improvisations and syncopation. Dancers need tap shoes for this class.



School of the Albany Berkshire Ballet
September 12, 2020 - June 5, 2021

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
A	B	A	B	A	B	A	B	A	B	A	B
4:30-6:00 Ballet 6 Culpo	4:15-5:15 Ballet 1 King	4:15-5:45 Ballet 4 w/pte Swindlehurst	4:45-5:30 Intro to Ballet Hornicek	4:15-5:45 Ballet 5/6 Hornicek	4:30-6:00 Ballet 3 Piaggione	4:30-5:30 Pointe 1 Culpo	4:15-5:15 Ballet 2 King	4:15-5:15 Modern 4 McBride	4:00-4:45 PreBallet 2 Moran	8:30-10:00 Ballet 3 Culpo	8:45-9:45 Ballet 2 Hornicek
6:00-7:00 Pointe 3 Culpo	5:30-7:00 Ballet 3 King	6:00-7:30 Advanced Ballet Swindlehurst	5:45-6:45 Modern1 & 2 Hornicek	5:45-6:45 Pointe 2 Hornicek	6:15-7:45 Ballet 4 Piaggione	5:45-7:15 Pointe 4 Culpo	5:30-7:00 Ballet 4 King	5:30-7:00 Advanced Ballet McBride	5:00-6:00 Modern 3 Moran	10:15-11:45 Ballet 4/5 Culpo	10:00-11:00 Ballet 1 Hornicek
7:15-8:45 Advanced Ballet Geren		7:30-8:30 Pointe/ Variations Swindlehurst							6:15-7:15 Tap Ages 8-12 Moran	12:00-1:30 Ballet 5/6 Sprague	11:15-12:00 PreBallet Ages 3-5 Hornicek
											12:15-1:00 Intro to Ballet